



Shaolin Temple Cultural Center USA

Class Schedule

9143 La Rosa Dr., Temple City CA 91780

Tel (626) 283-0011 www.Shaolinus.com Email: info@shaolinus.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	S U N D A Y C L O S E D
3:45-4:30pm Youth Shaolin Kung Fu New Students	3:45-4:30pm Youth Shaolin Kung Fu New Students	3:45-4:30pm Youth Shaolin Kung Fu New Students	3:45-4:30pm Youth Shaolin Kung Fu New Students	3:45-4:30pm Youth Shaolin Kung Fu New Students	9:00AM- 10:00AM Shaolin Qi Gong Flexibility/Stretch Adult (13+)	
4:30-5:30pm Youth Shaolin Kung Fu Blue & Green Belt	4:30-5:30pm Youth Shaolin Kung Fu Blue & Green Belt	4:30-5:30pm Youth Shaolin Kung Fu Purple Belt	4:30-5:30pm Youth Shaolin Kung Fu Blue & Green Belt	4:30-5:30pm Youth Shaolin Weapon Blue & Green Belt	10:00AM-11:00AM Shaolin Kung Fu Adult (13+)	
5:30-6:30pm Youth Flexibility/Stretch Acrobatics All Belt	5:30-6:30pm Youth Shaolin Weapon Blue & Green Belt	5:30-6:30pm Youth Flexibility/Stretch Acrobatics Purple Belt & up	5:30-6:30pm Youth Shaolin Kung Fu Self-Defense All Belt	5:30-6:30pm Youth Shaolin Weapon Purple Belt	11:00AM-12:00pm Fight Choreography Self-Defense Adult (13+)	
6:30-7:30pm Youth Shaolin Kung Fu Purple Belt & up	6:30-7:30pm Youth Shaolin Kung Fu Purple Belt & up	6:30-7:30pm Youth Shaolin Kung Fu Brown & up	6:30-7:30pm Youth Shaolin Kung Fu Purple Belt & up	6:30-7:30pm Youth Shaolin Weapon Brown & up	11:00AM-11:45AM Shaolin Kung Fu New Students	
7:30PM-9:00PM Shaolin Kungfu Adult (13+)	7:30PM-9:00PM Shaolin Kungfu Adult (13+)	7:30PM-9:00PM Shaolin Weapon Adult (13+)	7:30-8:30pm Shaolin Meditate	7:30PM-9:00PM Shaolin Kungfu Adult (13+)	1:00PM-2:00PM Shaolin Kung Fu Blue & Green Belt	
					2:00PM-3:00PM Shaolin Kung Fu Purple Belt	
					3:00PM-4:00PM Shaolin Weapon Purple Belt & up	
					4:00PM-5:00PM Shaolin Kung Fu Brown & up	
					5:00PM-6:00PM Shaolin School Team (By Invite)	

***Members can attend 1, 2, or all classes of their level throughout the week. "All Level" classes are open to all students.**

EFFECTIVE 10/28/2024